



**Dec. 2, 2013**

# Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Island Intranet under "Information" and on the installation website at [www.ria.army.mil](http://www.ria.army.mil) under "About USAG-RIA" and then "News" and "Local News."

**Island Insight Submission:** <https://home.ria.army.mil/sites/ii/ii.cfm>

## Sections:

- [Arsenal Traffic/Construction](#)
- [Building/Space Closures](#)
- [Active Duty/Reserve Zone](#)
- [Safety Spotlight](#)
- [Equal Opportunity Focus](#)
- [Morale, Welfare & Recreation \(MWR\)](#)



- [MWR Leisure Travel Office](#)
- [Child, Youth & School Services](#)
- [Army Community \(ACS\)](#)
- [Employee Assistance Program](#)
- [Education/Training Review](#)
- [Defense Commissary Agency/PX](#)

- [Arsenal Archive](#)
- [Healthbeat](#)
- [Notes for Veterans](#)
- [Car Pooling Announcements](#)
- [Around the Q.C.](#)



Ask the  
Garrison Commander

## Win, Win for Iowa Army Ammunition Plant, National Mississippi River Museum & Aquarium:

In early November, Cristin Waterbury, the director of curatorial services at National Mississippi River Museum and Aquarium in Dubuque, Iowa, contacted the Garrison office at Rock Island Arsenal with an unusual request. Waterbury was looking for some small but sturdy wood boxes or

crates to be used in a project to bring a historic machine shop to the museum as an exhibit. She was seeking something that could be used to transport quantities of heavy metal tools and thought the Garrison might have wood ammunition boxes she could acquire. The RIA Garrison referred her to one of its tenants, the Joint Munitions Command. One of JMC's 14 installations, Iowa Army Ammunition Plant, had plenty of

extra boxes to donate to the museum, if someone could travel to Middletown, Iowa, to retrieve them. Emails flew between Dubuque and Middletown regarding the size and number of available boxes, and in late November, a group of volunteers from



**"HOME OF US ARMY LOGISTICS"**

the museum traveled south and west for about three hours to IAAAP to pick up the wood boxes. ([More](#))

## **New Bill Aims to Cancel Sequestration for DoD at Cost to Feds' Pay and Benefits:**

A new bill would cancel sequestration entirely for the Defense Department and a handful of other security-related agencies in fiscal 2014 and 2015 by requiring federal employees to contribute more of their salary toward their pensions, trimming Medicare payments and agricultural subsidies and making other reforms to entitlement programs. ([More](#))



## **Hagel Shakes Up Pentagon's Organizational Chart, Hopes For \$1B In Savings:**

Defense Secretary Chuck Hagel moved Wednesday to eliminate several high-level Pentagon positions, consolidate offices and change the responsibilities of a number of organizations



within the Office of the Secretary of Defense, as part of a pledge to reduce the Pentagon's headquarters headcount by 20 percent. The implementation plans he announced Wednesday followed his July directive to pare back Defense Department back-offices strewn around the world and a promise that his office would be the first in the process. ([More](#))

## **Former OPM Directors Urge Personnel System Changes:**

The federal civil service system needs mending and executive branch agencies should not wait for Congress to act, three former personnel chiefs agreed Thursday. "There are some things that can be done in terms of recruitment systems" and other areas, Constance Newman, who headed the Office of Personnel Management from 1989 to 1992 during George H.W. Bush's administration, said at a forum at the National Academy of Public Administration. The first step, Newman said, is to see what can be done through executive branch action and then follow up with "those things that require legislation but won't scare everybody." ([More](#))



## Upcoming Dates

**Dec. 5/6-13:** Trees for Troops, Memorial Park  
**Dec. 7:** RIA Installation Holiday Reception  
**Dec. 10-12:** DA Photo Studio on RIA  
**Dec. 11:** Tenant Senior NCO Meeting, Arsenal Island Clubhouse, 11:30 a.m.  
**Dec. 12:** JMC Holiday Reception, Quarters One  
**Dec. 14:** Wreaths Across America, 11 a.m., Rock Island National Cemetery  
**Dec. 14:** USO Discovery Kids, Christmas with the Animals, Trinity Lutheran Church, 1 p.m.  
**Dec. 14:** Operations Family Time Out, 1-5 p.m. Davenport YMCA  
**Dec. 14:** Army-Navy Game, Arsenal Clubhouse, 1:30 p.m.  
**Dec. 17-18:** AFTB Training: Level L Leadership Development  
**Dec. 18:** EQCC, Bldg. 90, Room 25, 10 a.m.  
**Dec. 18:** RIA Tenant Senior Leaders Luncheon, Arsenal Clubhouse, 11:30 a.m.  
**Jan. 1:** New Year's Day (Federal Holiday)  
**Jan. 7-9:** DA Photo Studio on RIA  
**Jan. 8:** Senior NCO Tenant Meeting, Arsenal Island Golf Clubhouse, 11:30 a.m.  
**Jan. 20:** Martin Luther King Remembrance Day (Federal Holiday)  
**Jan. 22:** General Officer BOD Mtg., 1:30 p.m., Arsenal Island Clubhouse (T)  
**Jan. 23:** Safety Occupational Health Advisory Committee, Bldg. 90, Room 25, 10 a.m.  
**Jan. 22:** General Officer BOD Mtg., 1:30 p.m., Arsenal Island Clubhouse (T)  
**Jan. 23:** Safety Occupational Health Advisory Committee, Bldg. 90, Room 25, 10 a.m.  
**Jan. 28:** Monthly Community Information Exchange, 9 a.m., Arsenal Island Clubhouse  
**Jan. 30:** RIA Retirement & Retreat Ceremony, 2 p.m., Bldg. 60, Heritage Hall  
**Feb. 11-13:** DA Photo Studio on RIA



## **US Pivot to Asia Doesn't Mean**

**Abandoning Middle East:** Defense Secretary Chuck Hagel stood Friday on the deck of the USS Ponce, sent last year into the Persian Gulf when tensions with Iran were escalating, and told U.S. troops that a recent nuclear deal with Tehran doesn't change the U.S. military's mission in the region. ([More](#))



## **Budget Deal? Big Obstacles, New**

**Year's Deadline:** With hopes of a "grand bargain" long gone, congressional negotiators now are seeking a more modest deal before year-end to ease the automatic spending cuts that are squeezing both the Pentagon and domestic federal programs. But the going is getting rougher. House Democratic leader Nancy Pelosi said Thursday she would withhold support from any compromise to ease across-the-board cuts until Republicans also agree to renew expiring unemployment



benefits for America's long-term jobless, adding a major complication. ([More](#))

## **Uncle Sam Sheds More Jobs in**

**November:** The federal government lost 7,000 jobs in November, continuing a downward trend in federal employment, according to the latest figures from the Bureau of Labor Statistics. Federal jobs, excluding the Postal Service, decreased by about 3,700 in November, while the Postal Service lost roughly 2,400 jobs last month. Uncle Sam shed 18,000 jobs alone in September and October. ([More](#))



## **Trees For Troops Distribution:**

The Christmas SPIRIT Foundation in cooperation with FedEx is once again proud to bring the Trees for Troops program to Rock Island Arsenal. More than 150 free live Christmas trees will be delivered **Dec. 5** and made available for all active duty military (to include guard and reserve) and families every weekday, **Dec. 6-12**, (or while supplies last). The trees can be picked



up at the Memorial Park Pavilion Friday - Thursday, **Dec. 6-12**, 9-11 a.m. & 1-3 p.m. Please call (309) 782-4420 for more info. ([Flyer](#))

## **Corps of Engineers CFC Silent**

**Auction:** The annual Corps of Engineers CFC Silent Auction began **Dec. 4** and will run through Wednesday, **Dec. 11**, ending at 3 p.m. You may go to the following website to view the items, and register to start bidding on the various items. Registration is open until Tuesday, **Dec. 10**. If you would like to donate an item to the auction you may do so by [sending an email message by clicking here](#). The mission of the CFC is to support and to promote philanthropy through a voluntary program that is employee-focused, cost-efficient and effective in providing all federal employees the opportunity to improve the quality of life for all. The charities you support through the CFC focus on people, animals and environments that really need help - including the hungry, homeless, sick, elderly, children and families in need. They may be your relatives, friends, neighbors or co-workers. They may be down the street,





across the country or across the globe. CFC is the world's largest and most successful annual workplace charity campaign, with more than 300 CFC campaigns throughout the country and internationally to help to raise millions of dollars each year. Pledges made by federal civilian, postal and military donors during the campaign season support eligible non-profit organizations that provide health and human service benefits throughout the world. The CFC was started in 1961 by President John F. Kennedy and is the only authorized solicitation of employees in the federal workplace for charitable organizations. ([Website](#)) ([Facebook](#))

## Wreaths Across America Ceremony:

The Rock Island National Cemetery will have a Wreaths Across America ceremony on Saturday, **Dec. 14**, at 11 a.m., at the main cemetery flagpole.



The Wreaths Across America story began more than 20 years ago when Worcester Wreath Company (a for-profit commercial business from Harrington, Maine) and began a tradition of placing wreaths on the headstones of our nation's fallen heroes at Arlington National Cemetery during

the holidays. The wreath laying is now held annually on the second Saturday of December. This year, the organization has more than 800 participating locations in all 50 states and nearly 30 locations overseas. Wreaths Across America will lay between 355,000 to 401,000 remembrance wreaths on the headstones of those who served and sacrificed for our freedoms; all focused on the mission to Remember - Honor - and Teach. The public is invited to attend the Rock Island National Cemetery ceremony. POC is (309) 716-8620.

**Thank You for Attending:** The CFC Committee would like to thank everyone for joining us at the Charity Fair on Wednesday, Nov. 20. Visit us at our Facebook page to see the pictures of the Charities who were able to join us. - *Matthew Kopel, 2013 Illowa Bi-State CFC Chair* ([Illowa Bi-State CFC Facebook page](#))

**End of Year Donations:** For those wishing to donate annual leave to another Federal civilian employee in the Leave Transfer Program, please complete Statement of Leave Donor (RIA form 690-43) and submit with supervisor signature to the Civilian Personnel Advisory Center. To ensure a

leave donation will be deducted from this calendar year, all donations must be received in the CPAC no later than **Dec. 20**. Reminder: In any leave year, an employee may donate no more than one-half of the amount of annual leave he or she would accrue during a leave year. For employees with 'use or lose' annual leave, you may donate no more than the number of hours remaining in the leave year as of the date of the transfer for which you are scheduled to work and receive pay. POC: Janine Couppee may be reached at PECH-NCR-E, (309) 782-1278.

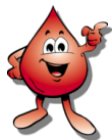
**Blood Drive:** The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on **Friday, Dec. 13 & 20, 10 a.m. – 12 p.m.**



If you would like to donate at this blood drive, feel free to e-mail [SHoegerl@mvrbc.com](mailto:SHoegerl@mvrbc.com) with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **2<sup>nd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **6:30 p.m. on TBD**. A **3<sup>rd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **2:15 a.m. on Dec. 6**. To sign up for a blood drive held on



either the 2<sup>nd</sup> or 3<sup>rd</sup> shift, donors should contact their shift supervisor. **Vista Technical Services Blood Drive** in Bldg. 350: This drive will be held Wednesday, **Dec. 11**, 12:30-4 p.m., in the MVRBC Donor Bus parked at Bldg. 350. To donate, please contact Paula Johnson at (309) 782-0562 or visit [bloodcenterimpact.org](http://bloodcenterimpact.org). ([Blood Transfusion En Route to Trauma Center Keeps Navy Vet Alive](#))



***Charlie Corpuscle Says, "Fall is definitely in the air. Did you know that when someone "falls," your blood donation helps to pick them up? In some cases, it is the reason patients are able to get up and carry on in life. On behalf of the patients whose lives you have "picked up," thank you."***

**The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information click [here](#).**

### **Quarters One Opens for Christmas**

**Tea:** Quarters One on Arsenal Island opens for a Christmas Tea & Tour on Sunday, **Dec. 8**, at 3 p.m. hosted by the Colonel Davenport Historical

Foundation. Attendees of the Christmas Tea will enjoy savory and sweet delights, several types of teas, and a guided tour of the historic Quarters One mansion decorated for the holidays. Tickets are \$25 per person, and may be purchased online at [www.davenporthouse.org](http://www.davenporthouse.org) or by calling Judy Tumbleson at (309) 786-5980. Only paid attendees of the Christmas Tea will be able to tour Quarters One.

### **VIOS Schedule for December, January, February, March, April and May:**

Official DA Studio Photography (DA, Government passport and command photos) will be offered at Rock Island Arsenal **Dec. 10, 11, and 12; Jan. 7, 8, and 9; Feb. 11, 12 and 13; March 11, 12 and 13; April 22, 23 and 24; and May 6, 7, and 8** (Note changes to previous April dates). Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the [Visual Information Ordering Site](#) for the available times: 7 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the VIOS site for more information. Walk-in appointments are not available. Photographs will be taken at the Photo



Studio (Bldg. 56, basement, by elevator). Priority is: 1. Active duty Soldier's DA photos; 2. Official government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - command photos will be printed and available digitally. Additional prints can be ordered in VIOS. To obtain an official government passport photo: 1. Schedule a passport photo appointment at the RIA VIOS website. 2. Go to transportation to obtain a printed DA Form 3903, Multi-Media/Visual Information Work Order, signed by the passport agent in Block 14. 3. Present that DA Form 3903 to the photographer before the passport photo is taken. You will receive two 2" x 2" passport photos. All scheduled dates can be found on the RIA VIOS website FAQ.

### **Arsenal Island Employee Local**

**Discounts:** *The following discounts are exclusively*

*available to Arsenal Island employees –*

**Double Tap**

**Firearms:** Double Tap Firearms offers a 10 percent firearm discount and \$15



firearm transfer fee in Illinois to active duty and retired military personnel in the QCA ([🔗](#)). **Bennigan's Rock Island:** Arsenal employees, service men, service women you are always welcome at Bennigan's in Rock Island, and to show you how much your welcome here, we offer a 25 percent discount off your meal, any day any time ([🔗](#)).

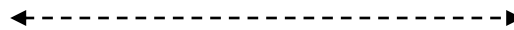
**Pepperjack's Restaurant & Lounge in Davenport:** Rock Island Arsenal employees receive 20 percent off their Pepperjack's entrée when they present their Arsenal identification card (one discount per ID) ([🔗](#)). **New Life**

**Chiropractic Clinic:** Arsenal Island employees, we're offering you a 20 percent discount on our services ([🔗](#)).

**Goebel Family Dentistry:** Active duty members of the military receive a 10 percent discount on all services. All other Arsenal civilian employees who are new patients can receive either the free exam and x-rays or a free whitening treatment on their first visit ([🔗](#)). *This information is included for general workforce interest and does not constitute endorsement of the businesses or products.*

**Two Rivers YMCA Inquiry:** The Two Rivers YMCA is conducting a membership and community needs study to gather input on opportunities for

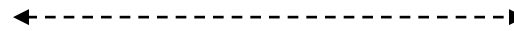
growth and facility expansion in Rock Island. Please click on the link below or paste it into your web browser and take a few minutes to complete a short survey. The survey should not take longer than 5-minutes. If individuals choose to take the survey, the survey should not be taken on duty time or using a government computer. Thank you in advance for your time. ([Survey](#))



## Arsenal Traffic/Construction



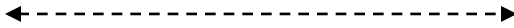
*No Arsenal Traffic/Construction related announcements this week.*



## Building/Space Closures



*No Building/Space Closure related announcements this week.*



## Active Duty/Reserve Zone



### **NCOs Eligible for New Bonuses:**

Regular Army noncommissioned officers in several priority specialties and career management fields are eligible for a new round of retention

incentives under the Critical Skills Retention Bonus program. The availability of these big-buck bonuses is limited, however, as the application deadline for CSRB is Dec. 31. The most recent update to CSRB took effect Nov. 22, and is targeted at sergeants first class, master sergeants and sergeants major who are at or near retirement eligibility. ([More](#))

### **Special Duty Assignment Pay**

**Changes for Some Soldiers:** Some Soldiers receiving special duty assignment pay, or SDAP, are now seeing an increase in payments or seeing it for the first time, while others will soon see less. About 4,000 fewer Soldiers will be eligible for SDAP under changes announced in an All Army Activities message, ALARACT 308, dated Nov. 21, 2013. However, about 27,000 Soldiers will still receive the special pay, according to Army G-1 officials. ([More](#))

### **Illinois CPA Society Tax Filing Assistance to 2013 Deployed Personnel:**

Illinois residents that were (or are) in the military and deployed in 2013 may have their taxes filed for free by the Illinois CPA Society. This may be of value to persons not near Rock



Island Arsenal, but call us for information or assistance. ([More](#))

## Safety Spotlight

☪  
**Army Safe Winter Campaign:** The annual Army Safe Winter Campaign, part of the Know the Signs safety communication initiative, promotes awareness and individual responsibility among leaders, Soldiers, family members and civilian employees to help prevent fatalities and injuries during the winter months. The U.S. Army Combat Readiness/Safety Center launched the Army Safe Winter Campaign Dec. 2 to highlight hazards unique to cold weather activities. Topical feature articles, posters and videos provide leaders an opportunity to engage with their Soldiers on risk management, thereby reducing accidental injury and death. The campaign, which runs through Feb. 28, 2014, emphasizes prevention and vigilance and is driven by a theme asking all audiences to make safe decisions wherever their adventures take them. Topics include privately owned weapons, home safety, cold weather injury prevention, physical training, winter driving and winter sports/recreation. The complete campaign is available online. ([More](#))

## Army Safety and Occupational Health

**Objectives:** The Army Safety and Occupational Health Objectives, released annually by the Army chief of staff and secretary of the Army, provide senior leaders and subordinate commanders specific safety goals to meet in the upcoming fiscal year. The objectives fall under the Army Safety and Occupational Health Strategic Plan, which communicates leadership commitment to the safety and health of Soldiers, family members and civilian employees through accident prevention. ([More](#))

## Equal Opportunity Focus

☪  
**Rock Island Arsenal Learns About Today's American Indians:** There is no one type of American Indian. In fact, Native Americans, as they are sometimes called, are as different as the lands they live on. So said Dr. Scott Manning Stevens, who was the guest speaker at this year's "National American Indian Heritage Month" observance here Nov. 26 held in Heritage Hall. This year's theme is



"Guiding Our Destiny with Heritage and Traditions." Stevens is 50 percent Indian and is director of the Newberry's D'Arcy McNickle Center for American Indian and Indigenous Studies in Chicago. He is also a member of the Akwesasne Mohawk Nation of the Iroquois in New York. He has been a visiting professor to the University of Notre Dame and will become an associate professor of Native American Studies at Syracuse University. Stevens told attendees when he teaches, he likes to have students walk away with three things. ([More](#))

## Morale, Welfare & Recreation (MWR)

☪  
Visit the MWR website at [www.riamwr.com](http://www.riamwr.com) for information on all MWR programs. Also [click here](#) to become a fan on Facebook, or Twitter [@golf1897](#), and stay up to date on all the great MWR offerings here at the Arsenal.

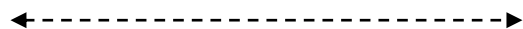
## Army Navy Game Viewing & Celebration:

Call up your service buddies and come cheer for your team as the





Army Black Knights take on the Navy Midshipmen in the 114<sup>th</sup> annual grudge match between these two fierce rivals Saturday, **Dec. 14**. The doors to the Golf Clubhouse will open at 12:30 p.m. and kick-off is at 2 p.m. There is no cover charge, we'll be showing the game on multiple big screen T.V.'s and there will be free wings all thanks to our great sponsor, the Rock Island Arsenal Chapter of the Association of the United States Army, (AUSA). Call (309) 782-4372 for more info. ([Flyer](#))



## MWR Leisure Travel Office



**Office Hours:** Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890. ([email](#)) ([website](#))

### Military Ticket Voucher Program:

Leisure Travel will not be ordering or making reservations through this program. Changes are being made in the way of ordering tickets and hotel reservations. Once changes are in place ordering will resume. For more information please contact the office (309) 782-5890.

### Outdoor Rec. Size Up for Winter

**Event:** Come into Outdoor Recreation

(Bldg 333, next to the PX) on Saturday, **Dec. 7**, 8 a.m. - 12 p.m., and get sized up for all your winter sports gear to include skis, snowboards, boots, poles, ice skates, cross country skis and more. Outdoor Rec. will keep your sizes saved for future reservations so you'll never need to waste time getting fitted again, just make your reservation, grab your gear and get your recreation on. Call (309) 782-8630 for more info. ([Flyer](#))

**MWR Christmas BUNCO:** Holiday Bunco It's Back! Join us in Heritage Hall (Bldg 60) for Bunco, Christmas edition. Cost is \$5/player. There will be door prizes and a special drawing for women's shelter donation participants. For a list of currently needed items for donations items please visit [www.christiancareqc.org/docs/needlist.pdf](http://www.christiancareqc.org/docs/needlist.pdf). To RSVP call (309) 782-5890. ([Flyer](#))

Date: **Thursday, Dec. 12**  
Time: **6-8 p.m.**

### Chicago Loop/Water Tower Bus Trip:

Join MWR Saturday, **Dec. 14**, 6:30 a.m. – 8 p.m. (approx.), for an exciting day of shopping (or whatever you'd like to do) in downtown Chicago. Price is \$41/person and which covers transportation only. Bus departs from COL Davenport Pavilion area at 6:30

a.m., and departs from Chicago at 5 pm. Call (309) 782-5890 for more info and to sign up. ([Flyer](#))

### Circa '21: A Christmas Story: The

**Musical:** Set in the 1940's in the fictional town of Homan, Indiana, the musical follows 9-year-old Ralphie Parker and his quest for the Holy Grail of Christmas gifts - an official Red Ryder Carbine-Action 200 Shot Range Model Air Rifle. Seats on sale for \$45 (dinner & show) until **Nov. 30**.

Date: **Saturday, Dec. 14**  
Time: **6 p.m.**

### Adler Theatre Presents: Mamma Mia:

A mother. A daughter. Three possible dads. And a trip down the aisle you'll never forget. More than 45 million people all around the world have fallen in love with the characters, the story and the music that make Mamma Mia. Reduced tickets on sale until **Nov. 15**. \$65 each

Date: **Tuesday, Dec. 17**

**A Fairy Tale Christmas:** Circa 21 presents a children's musical A Fairy Tale Christmas. Cinderella, Snow White, and a host of other fairy tale characters are getting ready for the Crystal Christmas Ball. However, a new person, doesn't quite follow the rules.





On sale while seating lasts until **Dec. 7**.  
Cost is \$10.50 per person.  
Date: **Saturday, Dec. 21**  
Time: **9:30 a.m.**

**Harlem Globetrotters:** Leisure Travel Office has discounted tickets to the Harlem Globetrotters 2014 "Fan's Rule" World Tour. Discounted tickets on sale until **Dec. 23** at \$30, \$22 & \$20.  
Date: **Saturday, Jan. 4**  
Time: **7 p.m.**

**Adler Theatre: Green Day's American Idiot:** Direct from Broadway, the smash-hit musical American Idiot tells the story of three lifelong friends, forced to choose between their dreams and the safety of suburbia. Their quest for true meaning in a post-9/11 world leads them on the most exhilarating theatrical journey. On sale until **Dec. 6**. \$58 each.  
Date: **Wednesday, Jan. 8**

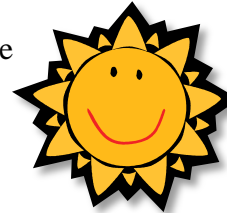
**World's Toughest Rodeo:** The World's Toughest Rodeo features the fan's favorite events: Bull Riding, Saddle Bronc Riding and Bareback Riding. The Midwest's fastest cowgirls will also compete in the Women's Barrel Racing. LTO has discounted tickets available for both days. \$31, \$21 & \$16. On sale until **Jan. 6**.

Date: **Friday, Jan. 24**  
Time: **7:30 p.m.**

**Davenport Cinemark 53<sup>rd</sup> 18 + IMAX Theatre:** Leisure Travel is selling Platinum Supersaver Prepaid Admission Tickets to Davenport Cinemark 53<sup>rd</sup> 18 + IMAX theatre (formally 53<sup>rd</sup> cinemas and RAVE cinemas) These tickets have no restrictions or expiration date.

## Child, Youth & School Services

**Summer Day Camp:** With winter still approaching, it seems odd to be thinking of summer. However, if you want your child to be eligible to participate in the Summer Day Camp Lottery, you must have your child registered with Child Youth and School Services by **COB on Friday, Dec. 20**. If you have any questions, please call the School Age Center at (309) 782-5019.



**Parent Central Services Office Temporary Move:** In order to complete necessary renovations to the Parent Central Services Office (Bldg. 110), the office will be temporarily located down

the hall between **Nov. 25 and Dec. 16**. Please plan ahead and conduct any business that you possibly can before or after this period, e.g. pass renewals, new registrations, etc. We will still be able to serve you from the temporary office but it may just take a little longer so try to take care of urgent business early. Please call (309) 782-0791 for more info and to schedule appointments.

## Army Community Service (ACS)

ACS is located in Bldg. 110, 1<sup>st</sup> floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. [Find us on Facebook click here](#). 24/7 Sexual Assault Hotline: (309) 229-8412



**Army Family Team Building:** Army Family Team Building is offering free courses in Leadership Development on **Dec. 17-18** from 8:30 a.m. - 2:30 p.m. at Army Community Service in Bldg. 110. Please register no later than Friday, **Dec. 13**, to



secure your seat. This course is for military spouses, military members, civilians and contractors in the Rock Island Arsenal community. The two-day course includes: Leadership Through Understanding Needs; Examining Your Leadership Style; Effective Communication for Leaders; Developing Great Meetings; Establishing Team Dynamics; Resolving Conflict; Supporting Others Through Coaching and Mentoring; and Virtual Meetings: Tips and Techniques. Call ACS at (309) 782-0829 to register. Civilians may register in [TEDs](#).

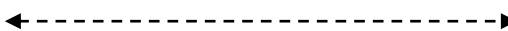
**ACS Adopt A Family:** ACS facilitates the Adopt A Family Program each year during the holidays to help our local military families in need. Concerned civilians willing to assist families donate a variety of items to meet those needs. If you would like more information regarding this wonderful holiday program, please contact (309) 782-3049 for more information.

**Special Needs Informational Forum:** Come join other families from the community with special needs family members Tuesday, **Dec. 10**, 5:30-7:30 p.m., at the School Age Center (Bldg. 150) for a fun night of crafts, snacks, and new friends. Free onsite childcare

with advance RSVP and registration with CYSS. Please call (309) 782-6515 or (309) 782-4736 for more info. ([Flyer](#))

**Operation: Family Timeout:** Four hours of free childcare is available to military families and families of deployed civilian for children ages six weeks to 12 years old. Operation: Family timeout upcoming events will be: **Dec. 14**, at the Davenport YMCA. ([Flyer](#))

**Personal Finances During a Transition:** Personal Finances in a Transition for Separating and Retiring Military Personnel. Army Community Service is supporting the Arsenal's Army Career and Alumni Program by providing web based lessons, work sheets and MS Excel spreadsheets for use by our Military Personnel and Families as they transition out of the service. The Personal Finances in a Transition section may be found towards the bottom of the [ACS Financial Readiness web page](#). POC is [Jon Cook](#), (309) 782-1499.



## Employee Assistance Program



**For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are from 7:30 a.m. – 5 p.m., Monday - Friday. For additional information on the Employee Assistance Program see [our website](#) or visit us on [Facebook](#). The new location for the EAP/ASAP is Bldg. 56, 1<sup>st</sup> floor, East.**

### **National Drunk and Drugged Driving (3D) Prevention Month:**

The month of December is National Drunk and Drugged Driving (3D) Prevention Month. According to the Center for Disease Control, everyday 36 people in the United States die and approximately 700 more are injured in motor vehicle crashes that involve an alcohol-impaired driver. This Holiday Season, don't put your life, or anyone else's life on the line. Be smart and be responsible. If you are going to drink, don't drive. If you are going to drive, don't drink. Don't allow one bad decision haunt you for the rest of your life.



## **Keep Your Mental Health in Check During the Holidays – December**

**2013:** Another year will soon be coming to a close, but not without the big rush of the holiday season. Relatives to visit, meals to prepare, presents to buy ... whether it is the most joyous time of year is up for debate but it might certainly be the busiest. The holiday season is a happy time for many; however, the stress of the season may exacerbate existing problems. Strained family relationships may be harder to tolerate, financial pressures more troubling, an already hectic schedule pushed to the brink. Depression and other mental health concerns can also be aggravated during the holidays. If you were feeling down or anxious before the holiday season, now you might feel even more worried or isolated. Some good times with friends and family may be all you need to feel better, but if you find you haven't felt like yourself for more than a week or two, something more serious may be going on. To help you identify if your holiday stress or blues may be a sign of an underlying mental health condition the Rock Island Arsenal Employee Assistance Program offers free, confidential services with master's-level counselors. The EAP is located in Bldg. 56, 1<sup>st</sup> floor. Call (309) 782-4357 to schedule an appointment. Make sure

you give yourself a gift this holiday season. If you have been feeling down or stressed lately please contact the EAP today.

**Grief Support Group:** The holidays are especially difficult if you are grieving the death of a loved one. The Employee Assistance Program offers a support group for those who are grieving. The group meets on Tuesdays, 3-4 p.m., in Bldg. 56, 1<sup>st</sup> Floor, Room 122. For more information contact Rita Baugh, EAP counselor, at (309) 782-2552.

**Stress Management:** Do you want to learn effective strategies to reduce stress? Sign up for a Stress Management Class. **Dec. 17, Jan. 28, Feb. 25,** Tuesdays, 10:30–11:30 a.m., Bldg. 56, 1<sup>st</sup> Floor, Room 122, Call (309) 782-4357 to reserve your spot. Sponsored by: Employee Assistance Program.

**Understanding PTSD:** Classes are being offered for those who wish to learn more about the nature and treatment of Post-Traumatic Stress Disorder **Dec. 10, Jan. 14, Feb. 11,** Tuesdays, 10:30–11:30 a.m., Bldg. 56, 1<sup>st</sup> Floor, Room 122. Call (309) 782-4357 to reserve your spot. Presented by the Rock Island Arsenal Employee Assistance Program.

**PTSD Support Groups:** Is the quality of your life being affected by Post-Traumatic Stress Disorder? The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

**Smoking Cessation Group:** Why not start the New Year smoke free? The Employee Assistance Program offers an educational support group for people who would like to quit smoking. The group meets each Wednesday, 3-4 p.m., at the EAP office in Bldg. 56, 1<sup>st</sup> floor.

←-----→

## Education/Training Review



The Rock Island Army Education Center is located in Bldg. 56, 1<sup>st</sup> floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-7901. Please visit our [website](#) to learn more.

**Tuition Assistance Changes to Take Effect For 2014:** Beginning Jan. 1, there will be a cap on the number of semester



hours that can be taken using Tuition Assistance, and tighter TA eligibility rules. Soldiers will be able to use TA one year after graduating from initial entry training, known as IET, said Brig. Gen. David. K. MacEwen, adjutant general of the Army, Human Resources Command, Fort Knox, Ky. Also, Soldiers can take up to 16 semester hours per fiscal year. And, he continued, TA can be used for a post-baccalaureate degree after completing 10 years of military service. If a Soldier earned a BA degree without using TA, then they do not need to wait 10 years to use TA for a post-baccalaureate degree. This policy affects all Soldiers in the active and Reserve components. ([More](#))

**Scheduled Closure:** Western Illinois University will be closed the following Tuesdays for Winter Break – **Dec. 24** and **31**. The National Testing Center will also be closed on those dates.

**Get Ready, Get Set, Go-Go-Go to School!** Seeking or Pursuing a College Degree? Have Questions? Meet with school representatives and learn about educational opportunities in the Quad Cities, 10 a.m. – 2 p.m., Bldg. 56, 1<sup>st</sup> Floor, Room 121. • Ashford University: (563) 508-0927, **Jan. 24**; • Black Hawk College: (309) 796-5191, **Jan. 9**; •

Kaplan University: (563) 441-2485, Nov. 14; • Saint Ambrose University: (563) 333-6170, **Jan. 16**. Military personnel, family members, and DoD civilians are welcome to stop by. No appointments are necessary. Education Center POC: Guidance Counselor, [Lorrie Blumberg](#), (309) 782-6343.

**NDIA Academic Year 2014-15 Scholarship:** Applications for the Iowa Illinois Chapter NDIA Academic Year 2014-15 scholarship are now being accepted. The scholarship application may be found at [www.ndia-ia-il.org](http://www.ndia-ia-il.org). Applications must be postmarked by **March 24**. Call (563) 650-3252 for further information.

**Sgt. Paul Fisher Academic Year 2014-15:** Scholarship Applications for Academic Year 2014-15 Sgt. Paul Fisher Scholarship are now being accepted. High school senior sons and daughters of active duty, reserve, and retired military members in Iowa and northwestern Illinois are eligible to apply. Applications are available on the chapter's web site, [www.ndia-ia-il.org](http://www.ndia-ia-il.org). Applications must be postmarked by **March 24**. Call (563) 650-3252 for any additional information.

←-----→

## Commissary / Exchange

☺  
**The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: [www.commissaries.com](http://www.commissaries.com) ([Facebook](#))**

**DoD Seeks Plan to Shut All U.S. Commissaries:** Defense officials have reportedly asked the Defense Commissary Agency to develop a plan to close all U.S. commissaries — about three-fourths of its stores, according to a resale community source familiar with details of a meeting with representatives of the Joint Staff and Pentagon comptroller's office. The source, who spoke on condition of anonymity, said the meeting was held within the last few





weeks and was part of preparations for the fiscal 2015 DoD budget request that is due out on February. That DeCA has been asked to prepare such a draft plan does not mean commissaries would close anytime soon. Even if such a plan was included in the defense budget request for fiscal 2015 — almost a year away — it would have to be approved by Congress, where many lawmakers would oppose it. ([More](#))

### **Your Commissary Is the Place for Your Holiday Savings:**

The holidays are right around the corner, and special in-store promotions make the commissary the place to go to save on holiday groceries, said the Defense Commissary Agency's director of sales. "We've got some great promotions lined up for the holiday season," said Randy Chandler, DeCA sales director. "Customers will find great savings and quality products for their holiday entertainment and meal needs, thanks to our industry partners. They might even sneak a peek at a jolly old man in a red suit!" Chandler also reminds patrons that the holiday season is a perfect opportunity to consider giving the gift of groceries through Commissary Gift Cards. "Our gift cards are a quick and easy way to spread holiday cheer to military service members and their

family members around the world," he said. "Anyone can purchase them online through [www.commissaries.com](http://www.commissaries.com), or at a commissary for authorized shoppers to use." Manager's specials and power buys provide big savings every day during the holiday season in commissaries worldwide. Overseas stores may have substitute events for certain promotional programs, and customers should check their local commissary for details on dates and times for their promotions.

### **Scholarships for Military Children Program Opens Dec. 3:**

Applications for the 2014 Scholarships for Military Children Program become available Dec. 3 at commissaries worldwide or on the Internet at [www.militaryscholar.org](http://www.militaryscholar.org). Applications must be turned in to a commissary by close of business Feb. 28. Packages must be hand-delivered or shipped via U.S. Postal Service or other delivery methods, not emailed or faxed. This year's award amount has risen to \$2,000, and the program awards at least one scholarship at each commissary with qualified applicants. An applicant must be a dependent, unmarried child, younger than 21 - or 23, if enrolled as a full-time student at a college or university - of a service member on active duty, Reserve or Guard member, retiree or survivor of a military member

who died while on active duty, or survivor of a retiree.

## Arsenal Archive

Information for the *Arsenal Archive* is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))

### **This Week in Rock Island Arsenal History – Dec. 2-8:**

On Dec. 3, 1863, the first confederate prisoners arrived at the RIA Prison Barracks. On Dec. 3, 1918, the newly constructed cafeteria, situated behind the fire station, was opened for RIA employees. The cafeteria was divided into a large men's dining room, a women's dining room, and a room for officers. On Dec. 5, 1905, Secretary of War William H. Taft signed a license granting the RIA Golf Club continued use of the links and permission to erect a new club house. In December 1944, the new post restaurant opened in Shop B (Bldg. 60). Japanese air attack on Pearl Harbor on Dec. 7, 1941, was the incident that brought the United States into World War II.



William Baumbeck, Chief Superintendent of Production at the RIA since 1926, was presented the Emblem for Exceptional Service by Secretary of War Henry Stimson in Washington D.C.

## Healthbeat

**Beat the Holiday Blues:** It's that time of year again: Festive music fills the air, fireplaces crackle, and holiday cheer abounds. It's the most wonderful time of the year, right? Not necessarily. Many people can find themselves dealing with the holiday blues and can be sad, lonely or even depressed. There are many reasons that people might find themselves struggling with the holiday blues: Pressure to feel merry, reminders of lost loved ones, and financial hardships are just a few. Military families can add one more reason to that list: Deployment. Coping with deployments can take a toll on one's emotional well-being, and this is only increased when a loved one's deployment spans the holidays. ([More](#))

## Notes for Veterans

**Veterans to Receive 1.5 Percent Cost-of-Living Increase:** Veterans, their families and survivors receiving disability compensation and pension benefits from the Department of Veterans Affairs will receive a 1.5 percent cost-of-living increase in their monthly payments beginning Jan. 1, 2014. "We're pleased there will be another cost-of-living increase for Veterans, their families and their survivors," said Secretary of Veterans Affairs Eric K. Shinseki. "The increase expresses in a tangible way our Nation's gratitude for the sacrifices made by our service-disabled and wartime Veterans." ([More](#))

**VA Warns of Marketing Scam:** The Department of Veterans Affairs recently posted an alert on its Facebook page warning of a marketing scam targeting veterans. A marketing company has purchased telephone numbers that differ by one digit from the VA's national call center and the GI Bill call center. Callers who misdial and reach the fraudulent numbers will be offered a gift card in exchange for personal and financial information -- including credit card information. According to the warning, after the caller's information is obtained, they may even be transferred to the VA number they were attempting to reach.

The VA will never ask for credit card or banking information over the phone. Law enforcement authorities have been notified of the situation. The VA's national call center number is 800-827-1000, and the GI Bill call center's number is 888-442-4551. VA's customer service numbers can be verified online at <https://iris.custhelp.com/>. ([More](#))

## Carpooling Announcements

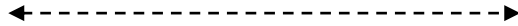
Submit carpooling announcements via the [Island Insight submission page](#). Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.

### **Carpool:**

- **Ride:** Looking for a ride and pay for gas. Location – Sherwood Forest Apartment, Davenport. Call thru Illinois relay at (800) 526-0857 to contact me at (309) 782-1078 (TTY). ([Email](#))
- **Carpool:** Carpool from Rio, Ill., looking for people to carpool with along 150. Please call (309) 782-5472.



- **Carpool:** New hire with flexible hours seeking to pay for ride from Moline 9<sup>th</sup> & 53<sup>rd</sup>, (Franklin School area) (309) 757-5755.



## Around the Q.C.



**Dec. 6-7:** [Christmas in the Village](#) (Village of East Davenport)  
**Dec 7:** [Ugly Sweater & Tie Run/Walk](#) (Downtown Davenport)  
**Dec. 8:** [20<sup>th</sup> Annual Reindeer Ramble 5K](#) (IBEW Union Hall, Moline)  
**Dec. 14:** [USO Discovery Kids, "Winter Holiday Celebration w/ the Animals,"](#) Naibi Zoo  
**Dec. 14:** [Jingle Bell Run/Walk 5K for Arthritis](#) (South Park Mall, Moline)  
**Dec. 14:** [Jingle Run/Walk 5K](#) (Geneseo, Ill.)  
**Jan. 5:** [Chocolate Festival](#) (Quad City Botanical Center, Rock Island)  
**Jan. 10-12:** [Quad City Bald Eagle Days](#) (QCCA Expo Center, Rock Island)  
**Jan. 18:** [32<sup>nd</sup> Annual Frostbite Footrace 5K](#) (Scott County Park, Iowa)  
**Jan. 19-21:** [QC Farm Equipment Show](#) (QCCA Expo Center, Rock Island)  
**Feb. 14:** [Valentine Walk](#) (Watchtower Lodge, Black Hawk State Historic Site, Rock Island)  
**Feb. 13-16:** [Outdoor Show](#) (QCCA Expo Center, Rock Island)  
**Feb. 23:** [CBRC Chili Chase 4-Mile Run/Walk](#) (Duck Creek Park, Davenport)  
**March 15:** [29<sup>th</sup> Annual St. Patrick's Day Parade](#) (Rock Island & Davenport)  
**March 19-22:** [Gathering of the Green](#) (RiverCenter, Davenport)

**March 21-23:** [QCCA Flower and Garden Show](#) (QCCA Expo Center, Rock Island)  
**April 12:** [Bandits Race to Home 5K](#) (Modern Woodman Park)  
**April 12:** [Run for Renewal 5K](#) (Sr. Concetta Park, Davenport)  
**May 3:** [Village in Bloom: Festival of the Arts](#) (Village of East Davenport)  
**May 3:** [Derby Day Party](#) (Arsenal Island Golf Clubhouse)  
**May 3:** [Venus Envy](#) (Bucktown Center for the Arts, Davenport)  
**May 10-11:** [Beaux Arts Fair](#) (Downtown Davenport)  
**May 17:** [5<sup>th</sup> Annual You Were Made for This 5K](#) (Young Life, Moline)  
**May 17:** [Livefit With Lupus Run 5K](#) (LeClaire, Iowa)  
**May 26:** [49<sup>th</sup> Annual Quad Cities](#) Criterium (Downtown Rock Island)  
**June 3-7:** [Quad Cities Senior Olympics](#) (Rock Island)  
**June 6-7:** [Rhubarb Festival](#) (Aledo, Ill.)  
**June 6-7:** [22<sup>nd</sup> Annual Gumbo Ya Ya](#) (The District, Rock Island)  
**June 7-8:** [QC Pridefest](#) (Downtown Davenport)  
**June 12:** [Hot Rod Magazine Power Tour](#) (Isle Casino Hotel, Bettendorf)  
<http://www.hotrod.com/>  
**June 12-15:** [19<sup>th</sup> Annual Rally on the River](#) (Centennial Park, Davenport)  
**June 14:** [Run for the Hills XC 5K](#) (Crow Creek Park, Bettendorf)  
**June 14-15:** [Juneteenth](#) (LeClaire Park, Davenport)  
**June 15:** [30<sup>th</sup> Annual Ride the River Bike Ride](#) (Downtown Davenport)  
**June 17-21:** [145<sup>th</sup> Annual Rock Island County Fair](#) (Rock Island County Fairgrounds, East Moline)

**June 21:** [Inaugural Micro Brew Mile & 6k Road Race](#) (Moline)  
**June 21:** [Royal Ball Run For Autism 5K](#) (Milan, Ill.)  
**June 22:** [Blossoms at Butterworth](#) (Deere Family Homes, Moline)  
**June 27-28:** [Greek Cultural Fest](#) (Assumption Greek Orthodox Church, East Moline)  
**June 28-29:** [28<sup>th</sup> Annual Quad City Air Show](#) (Davenport Airport, Mount Joy, Iowa)  
**July 3:** [Red, White & Boom!](#) (The District & Downtown Davenport)  
**July 3-5:** [30<sup>th</sup> Annual Mississippi Valley Blues Festival](#) (LeClaire Park, Davenport)  
**July 4:** [Firecracker Run & Parade](#) (East Moline)  
**July 4:** [Bettendorf Old-Fashioned 4th of July](#) (Bettendorf)  
**July 7-13:** [John Deere Classic PGA Tour](#) (TPC Deere Run, Silvis)  
**July 10-12:** [Walcott Truckers Jamboree](#) (Iowa 80 Truckstop, Walcott, Iowa)  
**July 12:** [Case Creek Obstacle Run 5K](#) (Coal Valley, Ill.)  
**July 19-20:** [Heartland Jam](#) (Centennial Park)  
**July 25-26:** [43<sup>rd</sup> Annual Street Fest Presented by the MVRBC](#) (Downtown Davenport)  
**July 26:** [41<sup>st</sup> Annual Quad-City Times Bix7](#)  
**July 29-Aug. 3:** [95<sup>th</sup> Annual Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds, Davenport)  
**July 31-Aug. 3:** [43<sup>rd</sup> Annual Bix Beiderbecke Memorial Jazz Festival](#) (RiverCenter/Adler Theatre, Davenport)  
**Aug. 2:** [British Auto Fest](#) (LeClaire, Iowa)  
**Aug. 7:** [2<sup>nd</sup> Annual Freedom Run 5K](#) (East Moline, Ill.)





**Aug. 7-9:** [Great Tug Fest](#) (LeClaire, Iowa & Port Byron, Ill.)  
**Aug. 8-9:** [22<sup>nd</sup> Annual Ya Maka My Weekend](#) (The District, Rock Island)  
**Aug. 15-16:** [10<sup>th</sup> Annual River Roots Live & Rockin' Rib Fest](#) (LeClaire Park, Davenport)  
**Aug. 16:** [Floatzilla](#) (Sunset Marina, Rock Island)  
**Aug. 22-24:** [World Series of Dragracing](#) (Cordova Dragway)  
**Aug. 23:** [Silvis Home Run 5K](#) (Shadt Park, Silvis, Ill.)  
**Aug. 30-31:** [Rock Island Grand Prix](#) (Downtown Rock Island)  
**Sept. 1:** [Bettendorf Rotary Run with Carl](#) (Life Fitness Center, Bettendorf)  
**Sept. 5-21:** [East West Riverfest](#) (Various QC Locations)  
**Sept. 6:** [Quad City Symphony Riverfront Pops](#) (LeClaire Park, Davenport)  
**Sept. 6:** [¡Viva! Quad Cities](#) (Isle of Capri, Bettendorf)  
**Sept. 6:** [QCA Heritage Tractor Parade & Show](#) (John Deere Pavilion, Moline)  
**Sept. 6-7:** [Beaux Arts Fair](#) (Downtown Davenport)  
**Sept. 19-20:** [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)  
**Sept. 20:** [15<sup>th</sup> Annual WQPT Brew Ha Ha](#)  
**Sept. 20-21:** [Riverssance Festival of Fine Arts](#) (Lindsay Park, Village of East Davenport)  
**Sept. 28:** [17<sup>th</sup> Annual Quad Cities Marathon](#)  
**Sept. 26-28:** [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)  
**Oct. 4:** [Night of the Running Dead 5K](#) (Davenport)  
**Oct. 4:** [GiGi's Super Hero Run](#) (Bettendorf)  
**Oct. 11:** [Trinity Quad Cities Classic Regatta](#) (on the Mississippi River in Moline)

**Oct. 12:** [Apple Fest](#) (Downtown LeClaire, Iowa)  
**Oct. 23:** [Fright Night](#) (The District, Rock Island)  
**Oct. 25:** [Lagomarcino's Cocoa Beano 5K Race](#) (Moline)  
**Oct. 25-26:** [Boo at the Zoo](#) (Niabi Zoo, Milan, Ill.)  
**Nov. 22:** [Festival of Trees Parade](#) (Downtown Davenport)  
**Nov. 22:** [Lighting on the John Deere Commons](#) (John Deere Commons, Moline)  
**Nov. 22:** [Holiday Pops Concert](#) (Downtown Moline)  
**Dec. 7:** [19<sup>th</sup> Century Christmas](#) (Butterworth Center, Moline)

## Island Insight

**Col. Elmer Speights, Jr., Garrison Commander; Eric Cramer, Public Affairs Officer; Mark Kane, Editor**  
*The Army publication, Island Insight, is an unofficial publication authorized under [AR 360-1](#) to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal-Garrison Public Affairs Office. Contents of Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department*

*of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of Island Insight is the responsibility of the Rock Island Arsenal-Garrison Public Affairs Office. [Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged.](#) All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Manager, 1 Rock Island Arsenal, ATTN: IMRI-PA, Rock Island, IL 61299-5000. For [submission of announcements to the Island Insight](#); [usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil](mailto:usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil); Phone: (309) 782-1121. The Island Insight is [available on-line](#).*

